



## Word of the Week

**Resilience**

(Noun)

The capacity to recover quickly from difficulties; toughness

Origin: 'the act of rebounding', was first used in the 1620s. From the Latin 're' meaning 'back' and 'salire' meaning 'to jump or leap'

## Quote of the Week

**"If you don't like something, change it. If you can't change it, change your attitude"**

Maya Angelou



## Person of the Week

**Marie Curie**

1867-1934

Physicist and chemist who conducted pioneering research on radioactivity. First woman to win a Nobel Prize.



## Song of the Week

**Slippery People**  
by Talking Heads

