

# St John Henry Newman Catholic School

## Week 3 menu – Autumn 2022

(Weeks beginning November 7th, November 28<sup>th</sup>, December 19th)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Event</b>	Bolognaise pasta	Chicken korma	Roast beef & Yorkshire pudding	Cumberland sausage whirl & gravy	Crispy breaded fish fillet
<b>Veggie Main</b>	Vegan bolognaise pasta	Sweet potato, chickpea & lentil curry	Roast mushrooms topped with cheese, tomatoes & herb breadcrumbs	Vegan sausage casserole	Margherita pizza slice
<b>Sides &amp; Greens</b>	Garlic bread Broccoli	Rice Naan Green beans	Roast potatoes Carrots	Mashed potato Garden peas	Chips Beans
<b>Baguettes, Sandwiches &amp; Jacket potatoes</b>	Selection of fillings including Beans, Cheese & Tuna Mayo'	Selection of fillings including Beans, Cheese & Tuna Mayo'	Selection of fillings including Beans, Cheese & Tuna Mayo'	Selection of fillings including Beans, Cheese & Tuna Mayo'	Selection of fillings including Beans, Cheese & Tuna Mayo'
<b>Desserts</b>	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made muffins, cookies & traybakes	A selection of home-made traybakes

**Meal Deal + 1**

Main Event +  
Drink or Dessert  
£2.55

**Meal Deal + 2**

Main Event +  
Drink + Dessert  
£2.85