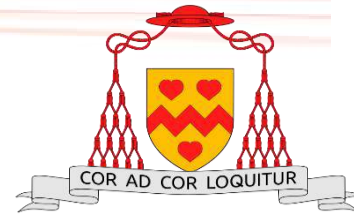


# Newman News



St John Henry Newman  
Catholic School

Introducing our new Senior Assistant Headteacher: "My name is Mrs Mooney and I started working at St John Henry Newman Catholic School just after the Easter break. I moved from Queen Elizabeth School, Kirkby Lonsdale, where I was an Assistant Headteacher, SENCO and Designated Safeguarding Lead. I have been teaching for 18 years and have worked for schools in Barrow-in-Furness, Preston and Kirkby Lonsdale. I am very proud to have been appointed as Senior Assistant Headteacher and Designated Safeguarding Lead at St John Henry Newman Catholic School because of the school's strong Christian ethos. Staff and pupils alike have been incredibly kind and welcoming, and I look forward to all the future holds here.

## We are proud of our pupils' achievements

After the success of our Year of Hope and Year of Charity, this year will be the Year of Joyous Celebration. We are anxious to hear about the successes of our pupils outside of school. If you have any news we need to celebrate in our next newsletter, please contact school to let us know.

We had a resoundingly successful **SALAD day** in March. Year 11 took part in sessions celebrating the diversity of our school community; Year 10 completed projects focused on supporting the local community; Year 9 practiced their orienteering skills at Talkin Tarn; Year 8 had an insightful session on careers with input from HSBC and Year 7 developed their Spanish skills whilst exploring Spanish and South American culture. In the Sixth Form, sessions were focused on revision and exam skills for the upcoming A-level exams and explored morality with Mrs McAree.

Congratulations to Jaymes who took part in a sponsored roll with **Carlisle Canoe Club**. He managed 18 rolls in a minute and raised £108 which will be split between Carlisle Canoe Club and the Sunbeams Music Centre.

Well done to all the Year 8's who have been planning and presenting their **spoken key pieces** on English. Pupils chose a literary villain and researched their history and role within their chosen text. Pupils then created a PowerPoint presentation and a speech which they presented to their peers. We're very proud of them all.

Well done to the Year 7 team who came from behind to beat Trinity at **football** with an excellent team performance. Lead by the outstanding Riley in goal, the boys showed great character and heart to overturn a 2-goal deficit, winning 3-2 with goals from Olly W, Zulum and Tayler. At the back, the boys defended resolutely throughout, with Tayler, Freddy, Ollie and Bobby leading by example with their bravery and endeavour. In midfield, Owen, Frankie and Frankie F were tenacious in the tackle and passed the ball well, while the constant threat and pace of Olly, Zulum and Jayden in attack proved too much for the Trinity defence with two second half goals securing a well-deserved victory for the Newman players, having been 2-1 down at the break. Mr Sinclair was delighted with the boys' attitude, effort and application and praised them for sticking together and raising their intensity when the game was not going their way. Man of the match in this game was Zulum for an all-action display, capped off nicely with a cool left finish to get himself on the scoresheet. This was a great result following on from an excellent performance last week in a 1-1 draw against a strong Central team. Again, the boys can be very proud of their performance in this game and everyone who played in both of these games represented the school superbly.

A group of Year 10 pupils travelled to Lancaster by train to visit the **Dukes Theatre** with Mrs Shirley and Mr Garbett. They had a backstage tour of the Dukes Theatre and the Grand Theatre and met lots of staff who work behind the scenes. The pupils were able to have a go at using a follow spotlight and use stage make up to create some very gory looking hand injuries. Thanks to Avanti as this trip was fully funded and provided through their Community Rail project and to all at the Dukes Theatre for the opportunity.

On Sunday 24 March the Year 10 and 12 **Duke of Edinburgh** participants went on their second walk of the season. Together, each group studied local maps and created a walking route to suit the requirements of the walk. The three teams walked a 9.4km circular walk from Grasmere to Rydal Caves. The weather was perfect with blue skies and the participants were in good spirits, working together to encourage one another to achieve their goal. Mrs Johnston, Mrs Hoskins, and Mr Johnstone are very proud of how hard they worked and how much encouragement they gave each other. Well done!

For their **celebration assembly** last half term, year 10 were asked what they were proud of. Here is a selection of their responses:

- James – achieving his red tag in taekwondo
- Bethan, Imogen and Ruby – taking part in the Duke of Edinburgh Award
- Isaac, Ethan, Alfie, Ryan, Amie – representing the school in various sports
- Kasey – being part of cadets and winning awards for this
- Laycey, Summer, Elsie, Liam, Maisie – their friends
- Emily – her family
- Afonso – his mum
- Hayden – making progress in rugby
- Alfie – playing the bass guitar
- Ellie – dance
- Paige – her grandad and her parents
- Jay – winning the county championship
- Keegan – improvements in basketball
- Leah – her construction test results
- Joaquim – benching 80kg in the gym
- Jessica – improvements in her crocheting
- Courtney – her home-baked croissants
- Bobbie – her chicken and leek pie
- Eve and Lexi – progress in playing guitar
- Phoebe – scoring 30 goals for her football team last season
- Heidi – getting a grade 9 in her PE test
- Amelia – moving schools
- John Paul – making the national finals in boxing
- Kacper – joining a football team
- Ella – bought some flowers for an elderly woman
- Rosie – found a lost dog and returned it to its owner
- Emilia – performing on a West End stage
- Tristan – taking part in Shakespeare Schools Festival



# Newman News

## Upcoming events/Dates for your diary

Our extra-curricular timetable can be found here:

<https://www.newman.cumbria.sch.uk/students/activities>

Wednesday 24 April – GCSE PE moderation

Wednesday 24 April – Year 12 University visit

Wednesday 24 April – Year 8 HPV vaccinations

Tuesday 30 April - Year 7KAN/ELL – Castlerigg Manor Retreat

Tuesday 30 April – Year 12 Parents' Evening

Friday 3 May – KS3 Science Show in school

Monday 6 May – Bank holiday

Tuesday 7 May – GCSE and A-level exams begin

Tuesday 21 May – Year 7 Parents' Evening

## Community Connections

Use this link to see the Parish Newsletter: <https://www.carlislecatholicchurch.org/newsletter>

Mass Times:

Saturday 4pm, Sunday 10am and 4.30pm Our Lady and St Joseph's

Saturday 6pm St Bede's

Sunday 9am Christ the King

Sunday 11am St Augustine's and St Margaret Mary

Sunday 1pm Our Lady and St Joseph's Mass in Polish

Sunday 9am St Cuthbert's Wigton

St Augustine's Catholic Ladies Group meets on the 1 and 3 Wednesday of the month starting 17 April after the 7pm Mass.

On Saturday 27 April, the SVP will host their Spring Quiz Night at the Waterton Hall. 7pm. Tickets cost £5 including a bacon butty or vegetarian option. Maximum 6 people per team. Tickets on sale after Sunday masses.

## Spotlight on...Student Services

We would like to introduce two new members to the Admin Team who you will see working at Student Services.

Miss Griffiths and Mrs Harding

At Student Services we are the link between pupils and parents during the school day. Pupils can come to Student Services for help or advice on a range of school issues. We answer pupil queries in relation to iPay, deal with medical issues, after school detentions, trips and visits, vaccinations and run the school shop.

We would greatly appreciate if you could work in partnership with us to ensure that you child's iPay balance is always topped up and share this information with your child this would be a great help as we deal with an enormous amount of pupils asking us for their school meal balance each day.

## Library



Shakespeare Day:


Join us on April 23 for our "Batman or the Bard: That is the Question" quiz, held at lunchtime for all year groups. We will be showcasing our Shakespeare collection, so come and join Mrs. Jones and the Pupil Librarians for some fun and the chance to win prizes.


Author visit: We are thrilled to announce an upcoming event for our Year 8 group! On May 14, we have the privilege of hosting a visiting author, Tom Palmer, renowned for his captivating literary works. Some of you may already be familiar with Tom Palmer's connection to Cumbria, as his stories often draw inspiration from our beautiful region. His book "After the War: From Auschwitz to Ambleside" particularly resonates with the area, exploring the real-life experiences of child refugees in the Lake District during World War II. Additionally, Tom's latest release, 'Angel of Grasmere,' which will be available to purchase on the day, which was released only in May, further deepens our connection with his narratives, offering an engaging historical fiction adventure set in the English Lakes during the Second World War.

Not only will the pupils attend the author visit, but they will also have time to purchase a book and have it signed by the author afterwards. The books are £5.95 each and can be purchased on the day, with cash.

Book Review Competition Year 8:

 Get ready to showcase your creativity and love for reading! 

 Who: Our visiting author, Tom Palmer, will be judging!

 When: Submission deadline is May 9

 How: Create a Booktok video or a Creative Book Review

 Prizes: Two categories - Best Booktok Video & Most Creative Book Review



 Booktok Video Guidelines 

Length: Maximum 60 seconds. Include your first name only!

Focus on one of Tom Palmer's books e.g., 'After the War: Auschwitz to Ambleside'.

 Creative Book Review Ideas 

Any style goes! Get inventive and showcase your unique review style. If you need help speak to Mrs Jones or the Pupil Librarians.

 Submission Details 

Upload your video onto your OneDrive and share with Mrs Jones. Or drop your book review into the LRC and hand it to Mrs Jones or a Pupil Librarian.

Get Caught Reading

Our "Get Caught Reading" initiative is your chance to win exciting prizes! If you're spotted reading by one of our pupil librarians, you'll receive a ticket to enter a prize draw at the end of the term. Imagine winning an amazing prize, all because you're caught enjoying a good book! Large Easter Egg for the winning pupil this coming term.

Last terms winner was Julia. Well done from Mrs Jones and the Pupil Librarians.

Accelerated Reader Treasure Box is back...

For years 7 and 8 who are enrolled in the Accelerated Reader program, there's an extra opportunity awaiting you. Score 75% or higher on a book quiz, and you'll have the chance to crack the treasure box code in the library. Guess the three digits correctly, and you'll win a fantastic reward - a £10 book token, delicious chocolate, and a mystery book! But don't worry if you're not on Accelerated Reader; you can still participate by writing a book review to display in the library. Each book review you submit gives you a chance at cracking the code and winning big. Jenson in Year 8 was last terms winner, well done from Mrs Jones and the Pupil Librarian.

## Welcome to our HRSE Newsletter: 'Heart Speaks to Heart'

"Parents are the first educators of their children. It is their right and responsibility to inform and educate their children in matters relating to human growth and development". Our mission at St John Henry Newman Catholic School is to educate our pupils in the wholeness of mind, body and spirit through the teachings of Jesus Christ. We aim to work with parents, carers and the wider Catholic community to provide pupils with a comprehensive education that prepares them for life. HRSE is an important part of this.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory HRSE up to three terms before the child turns 16. If you have any concerns or would simply like to discuss the HRSE provision with a member of staff, please contact Miss Lowrey, Assistant Headteacher and Lead for HRSE: [emilylowrey@newman.cumbria.sch.uk](mailto:emilylowrey@newman.cumbria.sch.uk).



Year	Topic outline for this half term	How can you support your child with this?
7	<b>Bullying</b> <ul style="list-style-type: none"> <li>• What is bullying?</li> <li>• Impacts of bullying</li> <li>• Cyber-bullying</li> <li>• Spreading rumours</li> <li>• Bullying in the workplace</li> </ul>	Discuss what counts as bullying. Encourage your child to reflect on their behaviour towards others. Keep conversations open and a safe environment to allow your child to talk to you about being a bully or a victim. Encourage your child to speak to an adult if they experience or witness bullying. Stress the importance of standing up for others as well as yourself. Or simply ask your child what they have learned this week.
8	<b>Alcohol and illegal drugs</b> <ul style="list-style-type: none"> <li>• Types of alcohol and illegal drugs</li> <li>• Laws surrounding alcohol and drugs</li> <li>• Effects of alcohol abuse</li> <li>• Effects of illegal drug use</li> <li>• Social risks</li> </ul>	We do not aim to be judgmental of anyone's choices, but it is important that we all stress to pupils the dangers of illegal drugs and of alcohol in excess. Discussing moderation in terms of alcohol is important – drawing the line between acceptable drinking and binge-drinking or alcoholism. Discuss with your child the various risks of illegal drug use and of excessive alcohol consumption – they will learn this is class and could be the basis for a discussion at home. Be alert for signs of alcohol or drug use from your child.
9	<b>Finance and gambling</b> <ul style="list-style-type: none"> <li>• Finance, budgeting, bills, taxes</li> <li>• What is gambling?</li> <li>• Gambling laws</li> <li>• Addiction</li> <li>• Impact of gambling</li> </ul>	Talk about finance and gambling with your child. Could you let them help with household finances? Could you give them a fictional (or real) budget to allocate to certain things? If they get pocket money, discuss the responsible use of money and how this might feed into full time or part time jobs that they may get in the future. Discuss gambling and the concept of moderation. Or simply ask your child what they have learned this week.
10	<b>2010 Equality Act</b> <ul style="list-style-type: none"> <li>• What is it?</li> <li>• What kinds of discrimination does it cover?</li> <li>• What are protected characteristics?</li> <li>• Why was it introduced?</li> <li>• Benefits of the Equality Act</li> </ul>	Encourage your child to engage with the news in terms of discrimination. Challenge ideas that prompt inequality or discrimination. Reflect on how the Equality Act might affect them in the future and what their legal rights are if they face workplace discrimination. Or simply ask your child what they have learned this week.
11	Year 11 have now completed the HRSE course and this lesson will return to the RE department in order to allow more targeted revision for their GCSE.	

Where can you or your child get additional support with issues covered this term?

- Our safeguarding lead, Mrs Mooney
- Pupils can access support in schools through their tutors or Head of Year
- Kooth – a counselling service accessible through the school website
- Your GP for issues surrounding health
- Your local parish priest
- Call the police immediately if you believe you are dealing with issues where a crime may have been committed.
- [www.NHS.uk](http://www.NHS.uk)
- [www.taize.fr/en\\_rubrique2603](http://www.taize.fr/en_rubrique2603)
- [www.addictionhelper.com](http://www.addictionhelper.com)
- Anti-bullying campaign helpline for parents or children: call 0207 378 1446
- [www.bacp.co.uk](http://www.bacp.co.uk)
- [www.childline.org.uk](http://www.childline.org.uk) or 0800 1111
- [www.addictionhelper.com](http://www.addictionhelper.com)
- <http://www.gamblersanonymous.org.uk>
- <https://www.mentalhealthandmoneyadvice.org>
- <http://www.nationaldebtline.org>
- <https://www.nhs.uk/conditions/stress-anxiety-depression/coping-with-financial-worries/>
- <http://www.papyrus-uk.org>
- <http://www.uk-sobs.org.uk>
- [https://www.prevent-suicide.org.uk/stay\\_alive\\_suicide\\_prevention\\_mobile\\_phone\\_application.html](https://www.prevent-suicide.org.uk/stay_alive_suicide_prevention_mobile_phone_application.html)
- <https://www.riftrefunds.co.uk/tax-rebates/uk-tax-refund-advice/tax-debt-and-mental-health/#takingsteps>
- <http://www.youngminds.org.uk>